

NON-MEMBERS WELCOME

Gulf Hills Racquet Club 13701 Paso Rd. Ocean Springs, MS 39564

October 26 – November 10

Saturday, October 26 @ 9:00 <u>Mondays</u> October 28, November 4 @ 5:30 <u>Sundays</u>

October 27, November 10 @ 4:00

\$50

How to Register:

Participants must have a (FREE) USTA member number to register. Call 1-800-990-8782 or go to <u>https://www.usta.com</u> and click join. Follow the instructions for a junior membership.

Once you have the membership number click the following link;

- <u>https://tennislink.usta.com/TeamTennis/Main/Registration.aspx</u>
- Under "Team Number," type in 7038488631
- Then enter your personal USTA number
- Then proceed to checkout

Program Information:

On the first day please arrive about 10 minutes early to check in. Jenny Cockrell, the instructor, or an MTA representative will meet everyone outside the tennis courts at the park.

• Jenny's contact information is jennycockrell@gmail.com, 310-720-5061

Our program is designed to be progressive, with rackets, balls, and courts sized to fit your child's needs and abilities. Our focus is on making sure that the kids have fun while learning and succeeding in the sport.

Each practice includes a warm-up activity that helps develop coordination and athletic skills. We also review what was learned in the previous practice and introduce a new skill with a series of games or drills. Eventually, point playing will be introduced.

We understand that some kids may take longer to pick up the skills, and we ask for your patience. Tennis is a hand-eye coordination game that may take longer to master the skills.

We encourage you to support your child and help them enjoy the process of learning and improving. Thank you again for your interest in our program.

We look forward to working with your child and helping them develop their tennis skills.

Things to remember:

- Players are to wear comfortable clothes and sneakers. Hats and sunglasses are optional.
- Bring water or sports drink.
- Loaner rackets will be available for each lesson but if your child has a racket bring it to the lessons with their name or initials on it. The instructor will let you know if it's the correct size for your child.
- If the weather is questionable, you will be contacted either through email or text to let you know if the lesson is cancelled.
- Any lesson missed due to the weather will be added at the end of the scheduled program.



Contact Angie Deleon for more information, <u>angied@mstennis.com</u> or call 601-981-4421.