



**Gulf Hills Racquet Club
13701 Paso Rd.
Ocean Springs, MS 39564**

**Saturdays 9:30 -10:30
March 9 – April 6
Sunday April 7 @ 4:30 -5:30
\$50 for 6 weeks of lessons**

How to Register:

Participants must have a (FREE) USTA member number to register.
Call 1-800-990-8782 or go to <https://www.usta.com> and click join.
Follow the instructions for a junior membership.

Once you have the membership number click the following link;

- <https://tennislink.usta.com/TeamTennis/Main/Registration.aspx>
- Under "Team Number," type in – **7038475769**
- Then enter your personal USTA number
- Then proceed to checkout

Program Information:

On the first day please arrive about 10 minutes early to check in. Jenny Cockrell, the instructor, or an MTA representative will meet everyone outside the tennis courts at the park.

- Jenny's contact information is jennycockrell@gmail.com, 310-720-5061

Ready to Rally:

This program is a progressive program. With rackets, balls and courts sized to fit their needs and abilities, kids will feel successful right from the start. Research shows that when it comes to sports, kids just want to have fun.

Each practice will have;

- warm up activity that helps develop coordination and athletic skills
- A review of what was learned in the previous practice
- A new skill will be introduced with a series of games or drills.
- Eventually point playing will develop.

Please be patience with your child. Some kids take longer to pick up the skills. Tennis is a hand eye coordination game and may take longer to master the skills.

Things to remember:

- Players are to wear comfortable clothes and sneakers. Hats and sunglasses are optional.
- Bring water or sports drink.
- Loaner rackets will be available for each lesson but if your child has a racket bring it to the lessons with their name or initials on it. The instructor will let you know if it's the correct size for your child.
- **If the weather is questionable, you will be contacted either through email or text to let you know if the lesson is cancelled.**
- Any lesson missed due to the weather will be added at the end of the scheduled program.



Contact Angie Deleon for more information, angied@mstennis.com or call 601-981-4421.