



**Long Beach High School
300 E Old Pass Road
Long Beach, MS**

Saturdays 9:00 -10:15

September 28 – October 26

Ages 6 – 12 years old

\$50 for 5 weeks

How to Register:

Participants must have a (FREE) USTA member number to register.
Call 1-800-990-8782 or go to <https://www.usta.com> and click join.
Follow the instructions for a junior membership.

Once you have the membership number click the following link;

- <https://tennislink.usta.com/TeamTennis/Main/Registration.aspx>
- Under "Team Number," type in – **7038486728**
- Then enter your personal USTA number
- Then proceed to checkout

Program Information:

Please arrive about 10 minutes early for the first lesson to check in and confirm your contact information. This information is used for communication during the program.

Jenny Cockrell is the instructor for the program. Her email is jennifercockrell@gmail.com if you need to contact him during the 5 week lesson.

Our program is designed to be progressive, with rackets, balls, and courts sized to fit your child's needs and abilities. Our focus is on making sure that the kids have fun while learning and succeeding in the sport. Each practice includes a warm-up activity that helps develop coordination and athletic skills. We also review what was learned in the previous practice and introduce a new skill with a series of games or drills. Eventually, point playing will be introduced.

We understand that some kids may take longer to pick up the skills, and we ask for your patience. Tennis is a hand-eye coordination game that may take longer to master the skills.

We encourage you to support your child and help them enjoy the process of learning and improving. Thank you again for your interest in our program.

We look forward to working with your child and helping them develop their tennis skills.

Things to remember:

- Players are to wear comfortable clothes and sneakers. Hats and sunglasses are optional.
- Bring water or sports drinks.
- Loaner rackets will be available for each lesson but if your child has a racket bring it to the lessons with their name or initials on it.
- **If the weather is questionable, you will be contacted either through email or text to let you know if the lesson is cancelled.**
- Any lesson cancelled due to the weather will be added to the end of the session.



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Contact Angie Deleon for more information, angied@mstennis.com or call 601-981-4421.